

## Expectations and Outcomes

Grade Level/Course: 10-12

Content Area: Family and Consumer Science

Unit Title	Guarantees
Unit 1	<ul style="list-style-type: none"> <li>• Benefits of healthful choices</li> <li>• Nutrition through the life cycle</li> <li>• Safeguarding the family's health</li> <li>• Safety and Sanitation</li> </ul>
Unit 2	<ul style="list-style-type: none"> <li>• Preserving Food</li> </ul>
Unit 3	<ul style="list-style-type: none"> <li>• 7 Dietary Guidelines</li> </ul>
Unit 4	<ul style="list-style-type: none"> <li>• Food and Entertaining</li> <li>• Recipe Selection</li> <li>• Adjusting recipes</li> </ul>
Unit 5	<ul style="list-style-type: none"> <li>• Salads, Casserole, and soup</li> </ul>
Unit 6	<ul style="list-style-type: none"> <li>• Foods and history of food in the various regions in the United States and Canada</li> </ul>
Unit 7	<ul style="list-style-type: none"> <li>• Foods and history of food in various parts of Latin America, Europe, Mediterranean Countries, Middle East and Africa, and Asia</li> </ul>
Unit 8	<ul style="list-style-type: none"> <li>• Quantity Food prep and entertainment</li> </ul>