

Expectations and Outcomes

Grade Level/Course: Seventh Grade

Content Area: Guidance

Unit Title	Guarantees
Unit 1	Students will understand the concept of a growth mindset, and examine the differences between a fixed and growth mindset.
Unit 2	Students will learn about how stress affects them on a daily basis and learn proactive strategies and techniques for coping with stress.
Unit 3	Students will explore topics of diversity, learn to celebrate their unique qualities, and understand the positive impact of diversity in our society.
Unit 4	Students will develop verbal and non-verbal communication skills and use these skills to communicate assertively with others.
Unit 5	Students will understand the meaning of values, explore where values come from and discover what values are important personally.
Unit 6	Students will learn about and search for a career based on personal interests, abilities, and values using WISCareers and other resources.